

celebrate
CINCO DE MAYO
with special veggie of the day:
JICAMA AND LIME!

- what is jicama? **jicama** is a root vegetable that looks kind of like a potato. It's generally eaten raw and has a mild flavor - crunchy and refreshing like an apple!
- jicama is a great source of **fiber** (fiber keeps you full) and it's loaded with **Vitamin C**, which builds up your immune system to keep you from getting sick

this is what
jicama looks
like before
it's cut into
sticks



We hope you enjoy this crunchy,
refreshing (and healthy) treat!



DON'T FORGET TO TRY OUR NEW MEALS!

1. Mac & Cheeseburger Pasta

Macaroni noodles topped with a tangy tomato sauce, seasoned ground beef, and cheddar cheese



2. Orange Chicken Rice Bowl

Seasoned rice topped with grilled chicken and carrots, tossed in our house orange sauce made with just a hint of chili flakes



3. Chicken Pizza Party Salad

Crisp romaine lettuce topped with grilled chicken, parmesan cheese, and croutons, served with a 'pizza sauce' dressing and dinner roll

