

Crown Pointe Academy will strive to create a healthful school environment by pursuing the following goals:

1. Crown Pointe Academy will provide an environment for learning and developing wellness behaviors for the student's lifetime including:
  - a. Crown Pointe Academy's environment shall strive to be a positive influence in a student's understanding, beliefs and habits as they relate to good nutrition and regular physical activity. Crown Pointe Academy will provide appropriate resources and tools to help students make informed and educated decisions about lifelong healthy eating habits and the benefits of physical activity.
  - b. Crown Pointe Academy will strive to incorporate healthy nutrition curriculum into the day.
2. Crown Pointe Academy will support and promote proper dietary habits contributing to students' health status and academic performance by:
  - a. Crown Pointe Academy will participate in the Federal School Breakfast and/or National School Lunch Program and will comply with USDA regulations and state policies as they may be amended.
  - b. Beverages sold to students on Crown Pointe Academy grounds during the regular and extended school day shall, at a minimum, meet the nutritional standards set forth in C.R.S. 22-30.5-517.
  - c. Crown Pointe Academy will follow the trans-fat prohibitions as set forth in C.R.S. 22-30.5-524.
  - d. Students will be provided with adequate time to eat in settings that are clean and safe.
  - e. Meals will not be denied to a student as a disciplinary action.
  - f. Staff is encouraged to use non-food items as rewards.
  - g. Faculty and staff are encouraged to model healthful eating behaviors to students, as students are less likely to adhere to nutrition policies if faculty and staff are consuming food and beverages that do not align with the school policy.
3. Crown Pointe Academy will provide opportunities for students to engage in physical activity as described in C.R.S. 22-32-136.5.
  - a. All students in elementary school will have opportunities, support and encouragement to be physically active during the school day. Examples may include, but are not limited to, recess periods, physical education classes, and the integration of physical activity into the academic curriculum. Physical activity shall be age-appropriate and the amount of physical activity will be consistent with all requirements of state law.
  - b. Middle school students will have opportunities, support and encouragement to be physically active during the school day.

Adopted: May 11, 2016  
Reviewed:  
Revised:  
Rational: To be in alignment with the new Charter Authorizer.