

Crown Pointe Academy supports physical activity in public schools, to help Colorado ensure that all children have access to activities that build their bodies and their brains and support their abilities to think, react, create, and learn. Healthy children are more likely to be engaged learners, they do better in school, they have improved attendance, and they are less likely to have behavioral problems inside and outside of the classroom.

As a Colorado Charter Institute School, Crown Pointe Academy shall adopt a physical activity policy that incorporates into the schedule of each student attending the elementary school an opportunity for the student to engage in a minimum of six hundred minutes of physical activity per month if the classes at the school meet five days per week and the student attends school for a full day;

The Academy Board may require a person or committee designated to ensure that the school complies with the local wellness policy, as described in C.R.S. § 22-32-136, or the school accountability committee and school accountability committees created pursuant to Article 11 of this statute to review and advise the school regarding the individual school's physical activity policy and compliance with this section.

For purposes of this policy, unless the context otherwise requires, "physical activity" may include, but need not be limited to:

- (a) Exercise programs;
- (b) Fitness breaks;
- (c) Recess;
- (d) Field trips that include physical activity,
- (e) Classroom activities that include physical activity; and
- (f) Physical education classes.

LEGAL REFS:

C.R.S. §§ 22-30.5-101 et seq., (*Charter School Institute oversight authority duties and powers*)

C.R.S. § 22-32-136 (*Children's wellness- physical activity requirement*)

Adopted: May 11, 2016

Reviewed:

Revised:

Rationale: Policy Created 2016 to be in alignment with new Charter School authorizer