

# February

## Crown Pointe Academy Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>• Dipper Doodle Bar</li> <li>• (DF) Chicken Bites</li> <li>• Turkey &amp; Cheese Sandwich</li> <li>◦ Glazed Carrots <b>1</b></li> </ul>	<ul style="list-style-type: none"> <li>• RF Flurries Cereal</li> <li>• (DF) Chicken Tamale with Brown Rice</li> <li>• (DF) Chicken Salad Sandwich</li> <li>◦ Seasoned Corn <b>2</b></li> </ul>	<ul style="list-style-type: none"> <li>• Cinnamon Toast Bagel</li> <li>• (DF) All Natural Hot Dog</li> <li>◦ Cherry Tomatoes &amp; Seasoned Garbanzo Beans <b>3</b></li> </ul>	<ul style="list-style-type: none"> <li>• Yogurt &amp; Granola with Orange Juice</li> <li>• (V) Breakfast for Lunch: Pancakes with Omelet</li> <li>• Sesame Chicken Salad</li> <li>◦ Celery Sticks <b>4</b></li> </ul>	<ul style="list-style-type: none"> <li>• Waffle Sticks &amp; Syrup</li> <li>• Crispy Chicken Sandwich</li> <li>• Ham &amp; Cheese Sandwich</li> <li>◦ Shredded Lettuce &amp; Sliced Tomatoes with Ranch <b>5</b></li> </ul>
<ul style="list-style-type: none"> <li>• Dipper Doodle Bar</li> <li>• (DF) Chicken Potstickers</li> <li>• (V) Cheese Sandwich</li> <li>◦ Asian Style Broccoli Salad &amp; Edamame <b>8</b></li> </ul>	<ul style="list-style-type: none"> <li>• Banana Muffin</li> <li>• All Natural Cheeseburger</li> <li>• (V) Sunbutter &amp; Jelly Sandwich</li> <li>◦ Shredded Lettuce &amp; Sliced Tomatoes with Ranch <b>9</b></li> </ul>	<ul style="list-style-type: none"> <li>• Cinnamon Grahams with Cinnamon Rumbles</li> <li>• (V) "Pepperoni" Calzoni Pizza</li> <li>• Ham &amp; Cheese Sandwich</li> <li>◦ Seasoned Corn <b>10</b></li> </ul>	<ul style="list-style-type: none"> <li>• Wheat Bagel with Cheddar Cheese &amp; Orange Juice</li> <li>• (V) Spaghetti Marinara with Parmesan</li> <li>• (DF) Chicken Salad Sandwich</li> <li>◦ Steamed Sliced Carrots <b>11</b></li> </ul>	<ul style="list-style-type: none"> <li>• Mini Dipperdoodle Bar with String Cheese</li> <li>• (DF) All Natural Hot Dog</li> <li>◦ Coleslaw <b>12</b></li> </ul>
<ul style="list-style-type: none"> <li>• <b>NO SCHOOL</b></li> <li>• <b>PRESIDENTS DAY</b></li> <li><b>15</b></li> </ul>	<ul style="list-style-type: none"> <li>• Yogurt &amp; Granola</li> <li>• NEW Sweet Garlic Noodles</li> <li>• (DF) Chicken Salad Sandwich</li> <li>◦ Blanched Broccoli Florets <b>16</b></li> </ul>	<ul style="list-style-type: none"> <li>• Blueberry Muffin</li> <li>• Cheesy Chicken Quesadilla</li> <li>• Turkey &amp; Cheese Sandwich</li> <li>◦ Jicama with Lime <b>17</b></li> </ul>	<ul style="list-style-type: none"> <li>• Pancakes with Syrup &amp; Orange Juice</li> <li>• (DF) All Natural Hot Dog</li> <li>◦ Coleslaw <b>18</b></li> </ul>	<ul style="list-style-type: none"> <li>• Dipper Doodle Bar</li> <li>• (DF) Chicken Bites</li> <li>• Ham &amp; Cheese Sandwich</li> <li>◦ Cherry Tomatoes with Ranch &amp; Three Bean Salad <b>19</b></li> </ul>
<ul style="list-style-type: none"> <li>• RF Cocoa Bops Cereal</li> <li>• Sausage Pizza</li> <li>• (DF) Chicken Salad Sandwich</li> <li>◦ Baby Carrots &amp; Seasoned Garbanzo Beans <b>22</b></li> </ul>	<ul style="list-style-type: none"> <li>• Banana Muffin</li> <li>• Firecracker Chicken with Spicy Sesame Noodles</li> <li>• Ham &amp; Cheese Sandwich</li> <li>◦ Sliced Cucumber <b>23</b></li> </ul>	<ul style="list-style-type: none"> <li>• RF Flurries Cereal</li> <li>• (DF) Chicken Potstickers</li> <li>• Turkey &amp; Cheese Sandwich</li> <li>◦ Glazed Sliced Carrots <b>24</b></li> </ul>	<ul style="list-style-type: none"> <li>• Whole Wheat Bagel with Cream Cheese &amp; Orange Juice</li> <li>• Breakfast for Lunch: Pancakes with Sausage</li> <li>• (V) Sunbutter &amp; Jelly Sandwich</li> <li>◦ Seasoned Corn <b>25</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>NO SCHOOL</b></li> <li>• <b>TEACHERS WORK DAY</b></li> <li><b>26</b></li> </ul>
<ul style="list-style-type: none"> <li>• Dipper Doodle Bar</li> <li>• Hawaiian Meatballs with Island Style Rice</li> <li>• (V) Sunbutter &amp; Jelly Sandwich</li> <li>◦ Baby Carrots <b>29</b></li> </ul>				

### What's New?

Introducing our NEW Sweet Garlic Noodles!

Whole grain spaghetti noodles, chicken, greens, and carrots tossed with sweet, soy glaze.

Look for it on the menu on February 16

**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

◦ Vegetable of the day

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