

SEPTEMBER LUNCH

BACK to SCHOOL

New school years are for new beginnings! Now is the perfect time to try that new food, hobby or skill you've always been curious about. **What's your new goal?**



Learn more about us on our *new* website at revolutionfoods.com!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

- o **Vegetable** of the day

revolution foods.

Crown pointe Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <ul style="list-style-type: none"> • Yogurt & Honey Grahams • Kickin Chicken Alfredo Pasta • (V) Hummus Dippers <ul style="list-style-type: none"> o Green Peas 	<p>4</p> <ul style="list-style-type: none"> • Cinnamon Grahams & String Cheese • (V) Bean & Chees Pupusa • Turkey and Cheddar Sandwich <ul style="list-style-type: none"> o Coleslaw 	<p>5</p> <ul style="list-style-type: none"> • Zee Zees Berry Apple Crisp Bar & OJ • Pepper Jack Cheeseburger • Honey Mustard Salad with Grilled Bites • (V) Cheddar Cheese Sandwich <ul style="list-style-type: none"> o Lettuce & Tomatoes with Ranch 	<p>6</p> <ul style="list-style-type: none"> • Multigrain Cheerios & Zac Strawberry Bar • (V) Cheesy Ravioli • ((V) Sunny Sandwich Kit (sunbutter & jelly) • (DF) Sesame Chicken <ul style="list-style-type: none"> o Chili Citrus Corn 	<p>7</p> <ul style="list-style-type: none"> • Honey Buttons Cereal & OJ • (V) Cheese Pizza Panda Pie • Ham & Cheddar Sandwich • (V) Veggie Chef's Salad <ul style="list-style-type: none"> o Edamame & Grape tomatoes
<p>10</p> <ul style="list-style-type: none"> • Zac Omega Blackberry Bar • (V) Cheesy Ravioli • Turkey & Cheddar Sandwich <ul style="list-style-type: none"> o Garbanzo Beans & Grape Tomatoes 	<p>11</p> <ul style="list-style-type: none"> • Snow Flurries Cereal • (DF) Chicken Salad Sandwich • Fiesta Scoops with three layer dip <ul style="list-style-type: none"> o Orange Carrots 	<p>12</p> <ul style="list-style-type: none"> • Apple Cinnamon Muffin, HB Egg & PJ • (DF) Chicken Teriyaki with Brown Rice • (V) Cheddar Cheese Sandwich <ul style="list-style-type: none"> o Blanched Broccoli Florets 	<p>13</p> <ul style="list-style-type: none"> • Yogurt & Granola with OJ • Beef Cheeseburger • Mighty Meaty Deli Combo Sandwich <ul style="list-style-type: none"> o Baby Carrots with Ranch & Pinto Beans 	<p>14</p> <ul style="list-style-type: none"> • Bagel with Cream Cheese • (V) Mac & Cheese & BBQ Chicken • (V) Sunny Sandwich Kit (sunbutter & jelly) <ul style="list-style-type: none"> o Chilled Seasoned Green Beans
<p>17</p> <ul style="list-style-type: none"> • Zac Omega Blackberry Bar • (V) Cheesy Ravioli • Turkey & Cheddar Sandwich <ul style="list-style-type: none"> o Garbanzo Beans & Grape Tomatoes 	<p>18</p> <ul style="list-style-type: none"> • Yogurt & Educational Snacks • (DF) Crispy Chicken Sandwich • Garden Ranch Salad with Chicken Breast <ul style="list-style-type: none"> o Steamed Sliced Carrots 	<p>19</p> <ul style="list-style-type: none"> • Lemon Muffin & OJ • (V) Bfast for Lunch: Pancakes with Omelet • (V) Taco Dippers Kit <ul style="list-style-type: none"> o Sliced Cucumber 	<p>20</p> <ul style="list-style-type: none"> • Corn Chex & Zac Strawberry Bar • (V) Cheese Enchiladas • Mighty Meaty Deli Combo Sandwich <ul style="list-style-type: none"> o Broccoli Florets with Ranch 	<p>21</p>
<p>24</p> <ul style="list-style-type: none"> • Zac Omega Blackberry Bar • (DF) The Revolution Dog • Mighty Meaty Deli Combo Sandwich <ul style="list-style-type: none"> o Green Peas 	<p>25</p> <ul style="list-style-type: none"> • Cinnamon Crumble • (V) Italian Calzoni • Santa Fe Chile Chicken and Black Bean Wrap <ul style="list-style-type: none"> o Cucumber & Tomato Salad 	<p>26</p> <ul style="list-style-type: none"> • Apple Crisp Cereal • Bfast for Lunch: Pancakes w/ Sausage • Ham & Cheddar Cheese Sandwich <ul style="list-style-type: none"> o Edamame & Broccoli Florets 	<p>27</p> <ul style="list-style-type: none"> • Corn Chex & Zac Strawberry Bar & OJ • Mac & Cheese & Chicken Bites • BBQ Chicken Wrap <ul style="list-style-type: none"> o Glazed Carrots 	<p>28</p> <ul style="list-style-type: none"> • Snow Flurries Cereal • (V) Cheesy Pizza Bite Meal • Chicken Caesar Salad <ul style="list-style-type: none"> o Chopped Lettuce & Sliced Tomatoes with Ranch