SEPTEMBER

WHAT'S IN SEASON THIS MONTH?

Look for Creamy Cucumbers, Fresh Tomato Cucumber Salad, Marinated Tomatoes, Housemade Bread & Butter Pickles, and Fresh Pico de Gallo Salsa on our September menu. Quinoa Tabouli, local cherry tomatoes, carrots, cucumbers, cantaloupe and watermelon, and Western Slope peaches, pears and apples will be featured on salad bars.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 LABOR DAY	3 Meatball Sub Cheese Pizza Pepperoni Pizza [ABF NNF]	4 Chicken Strips [ABF] with Dipping Sauce & Garlic Bread Chickpea Masala [GF] with Flatbread Korean BBQ Turkey [GF] Sliders	5 Roast Turkey [GF] Dinner with Mashed Potatoes [GF], Gravy & Dinner Roll Cheese Ravioli with Dinner Roll Buffalo Style Chicken Drumsticks [ABF GF] with Dinner Roll	6 Hamburger [ABF GF] or Cheeseburger [ABF GF] with Oven Baked Fries [GF] Falafel & Hummus [GF] Flatbread with Creamy Cucumbers [GF] Fresh Tomato Cucumber Salad [GF]	7 SCHOOL FOOD PROJECT BOULDER VALLEY SCHOOL DISTRICT
8	9 Chicken [ABF] & Waffles Cheese Pizza Pepperoni Pizza [ABF NNF]	10 Beef Nachos [ABF GF] with Cheese Sauce Bean Nachos [GF] with Cheese Sauce Taco Salad [GF] Fresh Pico de Gallo [GF] Brown Rice [GF]	11 Chicken Potstickers with Fried Rice and Flatbread Spaghetti Marinara & Cheese Chicken Gyro [ABF GF] on Flatbread with Marinated Tomatoes [GF] & Creamy Cucumbers [GF]	12 Oven Roast Chicken [ABF GF] with Brown Rice [GF] Cheese Calzone Turkey [ABF] Bacon Bagel Sandwich	13 All-Beef Hot Dog [ABF NNF GF] with BBQ Baked Beans [GF] Justin & Hosea's Veggie Enchiladas [GF] Italian Sausage Hoagie with Roasted Red Peppers & Provolone	14
15	16 Hamburger [ABF GF] or Cheeseburger [ABF GF] w/ tortilla chips Tofu Bibimbap [GF]	17 Toasted Cheese Sandwich ([GF] available) with Tomato Soup [GF] Cheese Pizza Pepperoni Pizza [ABF NNF]	18 Local Chicken Strips [ABF] with Dipping Sauce & Garlic Bread Veggie Burrito Local Red Pork Tamales Local Anasazi Beans [GF] Local Melon [GF] COLORADO PROUD DAY	19 French Toast Casserole with Turkey Sausage [GF] & Berry Sauce [GF] Plant Forward Nachos [GF] with Fresh Pico de Gallo [GF] Chicken Ramen Bowl	20 PROFESSIONAL DEVELOPMENT DAY	21 BVSD DAY AT THE MARKET
22	23 BBQ Pulled Pork [GF] Sandwich Cheese Pizza Pepperoni Pizza [ABF NNF]	24 Beef Nachos [ABF GF] with Cheese Sauce Bean Nachos [GF] with Cheese Sauce Taco Salad [GF] Green Pea Guacamole [GF] Brown Rice [GF]	25 Spaghetti Marinara & Meatballs Green Chile & Cheese Tamales [GF] with Refried Beans [GF] Banh Mi Sandwich	26 Oven Fried Chicken [ABF] Dinner with Mashed Potatoes [GF], Gravy & Garlic Bread Veggie Burrito Spicy Beef & Sausage Penne with Garlic Bread	27 All-Beef Hot Dog [ABF NNF GF] with BBQ Baked Beans [GF] Fireside Broccoli Cheese Stuffed Potato [GF] with Biscuit Cajun Cheesy Chicken Po'boy	28
29 Find allergen information, menu updates and more at bvsd.org/food	30 Crispy Chicken Sandwich [ABF] Cheese Pizza Pepperoni Pizza [ABF NNF]	ON THE MENU! **Buffalo Style Chicken Drumsticks [ABF GF] – Sept. 5** 	ON THE MENU! **Justin & Hosea's Veggie Enchiladas [GF] – Sept. 13** 	ON THE MENU! **Italian Sausage Hoagie – Sept. 13** 	ON THE MENU! **Cajun Cheesy Chicken Po'boy – Sept. 27** 	

Unlimited salad bar, skim milk, organic 1% milk and fresh fruit offered daily. Gluten Free choices (available without the bun) are designated with a [GF] symbol. Hormone- and antibiotic-free choices are designated with a [ABF] symbol. Nitrate- and nitrite-free choices are designated with a [NNF] symbol. Menu subject to change.