

Crown Pointe Academy SEW
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FISH

DAREBEE CHALLENGE

OCTOBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
Monthly Challenge: Daily Push-Ups				1	2	3
Don't forget live Mondays @ 12:30 pm. Check your Google Classroom!						
4	5	6	7	8	9	10
11	12	13	14	15	16	17
Rest 18	19	20	21	22	23	24
WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___
Rest 25	26	27	28	29	30	31
WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___	WOTD___ Dare ___ Challenge ___

www.darebee.com

www.crownpointeacademy.org/social-emotional-wellness

www.crownpointepe.blogspot.com

Dare to be FISH worthy.



*Go to darebee.com everyday to find the Workout Of The Day (WOTD). Perform to your fitness level and check it off on the calendar. **Monday's WOTD will be live on Google Meet @ 12:30 pm** for CPA students. Families are welcome to join. Go for more by doing the Daily Dare or performing the current Monthly challenge activity. Rest on Sundays! Turn your calendar in to Mr. Varner by taking a picture or scan and e-mail it to aj.varner@crownpointeacademy.org Prizes may be awarded!*

Dare to be great in hard times and have fun!

[Consider donating to Darebee on their website.](#)