



FEBRUARY

LOCAL FEATURES Harvest of the Month Menu Item Salsa of the Month

Look for  french onion soup,  roasted tomatillo salsa and our healthy dessert: lemon panna cotta with berry sauce! Our salad bars feature edamame and brown rice salad, carrots, shredded cabbage, and roasted sweet potatoes.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
 SCHOOL FOOD PROJECT <small>BOULDER VALLEY SCHOOL DISTRICT</small>	Find allergen information, menu updates and more at food.bvdsd.org				1 2
3 Beef Nachos ^{GF DF} with Cheese Sauce or Shredded Cheese ^{GF} Bean Nachos ^{GF DF} with Cheese Sauce or Shredded Cheese ^{GF}  Roasted Tomatillo Salsa ^{GF DF}	4 BBQ Pulled Pork ^{GF DF} Sandwich ^{GF avail} with Creamy Coleslaw ^{GF DF} Cheese Ravioli with Garlic Breadstick Beef & Sausage Penne with Garlic Breadstick	5 All-Beef Hot Dog ^{GF avail} with BBQ Baked Beans ^{GF DF} Indian Butter Tofu ^{GF} over Rice ^{GF DF} with Flatbread & Spinach Cilantro Chutney ^{GF DF}	6 French Toast Casserole with Turkey Sausage ^{GF DF} & Berry Sauce ^{GF DF} Iron Chef Winning L&J Red Lentil Dal ^{GF DF} over Rice ^{GF DF} Nashville Hot Chicken Sandwich ^{DF}	7 HOTM Pizza: Roasted Tomatillo, Shredded Chicken and Cilantro Green Chile & Cheese Tamales ^{GF} or Vegan Corn & Chile Tamales ^{GF DF} with Refried Beans ^{GF DF} & Rice ^{GF DF} Cheese Pizza Healthy Dessert: Lemon Panna Cotta ^{GF} with Berry Sauce ^{GF DF}	8 9
10 Spaghetti ^{DF} & Meatballs ^{GF DF} with Mozzarella Cheese ^{GF} & Garlic Breadstick Toasted Cheese Sandwich ^{GF avail} with Tomato Bisque ^{GF DF}	11 Oven Roast Chicken ^{GF DF} with Mashed Potatoes ^{GF} , Gravy & Biscuit Macaroni & Cheese with Garlic Breadstick Italian Sausage Hoagie ^{GF avail} with Roasted Red Peppers ^{GF DF} & Provolone ^{GF}	12 Hamburger ^{GF avail} or Cheeseburger ^{GF avail} with Oven Baked Fries ^{GF DF} Bean & Cheese Pupusa ^{GF} with Curtido ^{GF DF} & Rice ^{GF DF} SFP Secret Sauce ^{GF DF}	13 Chicken Strips ^{DF} with Biscuit Fireside Broccoli Cheese Stuffed Potato ^{GF} with Biscuit Thai Red Curry Chicken ^{GF DF} & Vegetables ^{GF DF} over Rice ^{GF DF}	14 NO SCHOOL	15 16
17 NO SCHOOL <small>PRESIDENTS' DAY</small>	18	19 Beef Nachos ^{GF DF} with Cheese Sauce or Shredded Cheese ^{GF} Bean Nachos ^{GF DF} with Cheese Sauce or Shredded Cheese ^{GF}  Roasted Tomatillo Salsa ^{GF DF}	20 All-Beef Hot Dog ^{GF avail} with BBQ Baked Beans ^{GF DF} Three Sisters Veggie Enchiladas ^{GF}	21 Chicken Fajita Tacos ^{GF avail} & Rice ^{GF DF} Pasta Alfredo with Garlic Breadstick  French Onion Soup ^{GF DF} with  Cheesy Crouton	22 23
24 Spaghetti ^{DF} & Meatballs ^{GF DF} with Mozzarella Cheese ^{GF} & Garlic Breadstick Toasted Cheese Sandwich ^{GF avail} with Tomato Bisque ^{GF DF}	25 Chicken Strips ^{DF} with Biscuit Falafel ^{GF DF} & Hummus ^{GF DF} on Flatbread with Creamy Cucumbers ^{GF} Pho Ga (Vietnamese Chicken Soup) ^{DF}	26 Hamburger ^{GF avail} or Cheeseburger ^{GF avail} with Oven Baked Fries ^{GF DF} Chile Relleno Burrito with Refried Beans ^{GF DF} & Rice ^{GF DF} SFP Secret Sauce ^{GF DF}	27 Oven Roast Chicken ^{GF DF} with Mashed Potatoes ^{GF} , Gravy & Biscuit Fireside Broccoli Cheese Stuffed Potato ^{GF} with Biscuit Pork Green Chile Bowl ^{GF DF} with Pico de Gallo ^{GF DF} over Rice ^{GF DF}	28 NO SCHOOL PARENT TEACHER CONFERENCES	1 2

Unlimited salad bar, local skim and 1% milk, and fresh fruit offered daily. Gluten-free choices denoted with ^{GF} and ^{GF avail}; dairy-free choices denoted with ^{DF} and ^{DF avail}. Our fresh chicken and beef are free of antibiotics and hormones and our hot dogs are free of added nitrates and nitrites. Menu subject to change.