




# MAY

## LOCAL FEATURES

 Harvest of the Month Menu item

 Salsa of the Month

 Plant Forward

We procure and serve a wide variety of local food at BVSD. Each month we like to highlight a few of the local items that will appear on our menu. In May we will have local milk, spring radishes, and lettuce planted and harvested by students from BVSD school gardens!

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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1 Hamburger<sup>ABF GF</sup> or Cheeseburger<sup>ABF GF</sup> with Oven Baked Fries<sup>GF</sup>  
 Chickpea Masala<sup>GF</sup> with Flatbread  
 SFP Secret Sauce

2 Plant Forward Nachos<sup>GF</sup> with Cheese Sauce and Fresh Pico de Gallo<sup>GF</sup>  
 Cheese Ravioli with Dinner Roll  
 Turkey, Bacon and Cheese Bagel Sandwich

3 Meatball<sup>GF</sup> Sub  
 Cheese Pizza  
 Pepperoni Pizza<sup>ABF NNF</sup>  
**SCHOOL LUNCH HERO DAY**


4   
 BOULDER VALLEY SCHOOL DISTRICT

5

6 Beef Nachos<sup>ABF GF</sup> with Cheese Sauce  
 Bean Nachos<sup>GF</sup> with Cheese Sauce  
 Strawberry Salsa<sup>GF</sup>

7 General Tso's Chicken Drumsticks<sup>ABF GF</sup> with Veggie Fried Rice<sup>GF</sup>  
 Spaghetti Marinara & Cheese  
 Supreme Pizza

8 All-Beef Hot Dog<sup>ABF NNF GF</sup> w/ BBQ Baked Beans<sup>GF</sup>  
 Indian Butter Tofu<sup>GF</sup> over Brown Rice<sup>GF</sup> w/ Flatbread & Spinach Cilantro Chutney<sup>GF</sup>  
 Healthy Dessert: Strawberry Rhubarb Crisp

9  Spring Veggie Pizza  
 Chili Relleno Burrito  
 Nashville Hot Chicken<sup>ABF</sup> Sandwich with Bread and Butter Pickles<sup>GF</sup>

10 Chicken<sup>ABF</sup> & Waffles with Berry Sauce  
 Green Chile & Cheese Tamales<sup>GF</sup> with Refried Beans<sup>GF</sup> and Brown Rice<sup>GF</sup>  
 Toasted Cheese & Bacon Sandwich<sup>(GF avail)</sup>

11

12  
**MOTHER'S DAY**

13 Chicken Strips<sup>ABF</sup> with Dipping Sauce & Garlic Bread  
 Plant Forward Nachos<sup>GF</sup> with Cheese Sauce & Fresh Pico de Gallo<sup>GF</sup>

14 Pork Tacos Al Pastor<sup>(GF avail)</sup> with Pineapple Salsa<sup>GF</sup>  
 Macaroni & Cheese with Garlic Bread  
 Italian Sausage Hoagie<sup>(GF Avail)</sup> with Roasted Red Peppers & Provolone


15 Hamburger<sup>ABF GF</sup> or Cheeseburger<sup>ABF GF</sup> with Oven Baked Fries<sup>GF</sup>  
 Veggie Chili Cheese Fries<sup>GF</sup> w/ Tortilla<sup>(GF Avail)</sup>  
 SFP Secret Sauce

16 French Toast Casserole with Turkey Sausage<sup>GF</sup> & Berry Sauce<sup>GF</sup>  
 Fireside Broccoli Cheese Stuffed Potato<sup>GF</sup> with Biscuit

17 Turkey and Cheddar Melt<sup>(GF avail)</sup>  
 Cheese Pizza  
 Pepperoni Pizza<sup>ABF NNF</sup>  
 Crispy Korean Pickled Radishes<sup>GF</sup>

18

19  
 Find allergen information, menu updates and more at [bvsd.org/food](http://bvsd.org/food)

20 Beef Nachos<sup>ABF GF</sup> with Cheese Sauce  
 Bean Nachos<sup>GF</sup> with Cheese Sauce

21 All-Beef Hot Dog<sup>ABF NNF GF</sup> with BBQ Baked Beans<sup>GF</sup>  
 Justin & Hosea's Veggie Enchiladas<sup>GF</sup>

22 Chef's Choice

23 Chef's Choice  
**LAST DAY OF SCHOOL**

24

25

26

27  
**MEMORIAL DAY**

28

29

30

31

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Unlimited salad bar, local skim and 1% milk and fresh fruit offered daily. Gluten Free choices (available without the bun) are designated with a <sup>GF</sup> symbol. Hormone- and antibiotic-free choices are designated with a <sup>ABF</sup> symbol. Nitrate- and nitrite-free choices are designated with a <sup>NNF</sup> symbol. Menu subject to change.